



SWIM
SASKATCHEWAN

Summer Swimming Technical Package

**As adopted during the Summer Swimming Annual General Meeting
Watrous Saskatchewan
April 8, 2000**

Revision #1 August 2001

Revision # 2 August 2003 Approved by Swim Sask Board of Directors September 2003

Revision # 3 August 2005 Approved by Swim Sask Board of Directors October 1, 2005

Revision #4 May 2009 Approved by Swim Sask Board of Directors June 2009

Revision #5 May 2010 Approved by Swim Sask Board of Directors May 2010

Revision #6 May 2011 Approved by Swim Sask Board of Directors June 11, 2011

1.0 Introduction

The Summer Swim Program is a program of Swim Saskatchewan Inc. (SSI) and is governed by SSI Policies and Bylaws. The policies and bylaws specific to the Summer Swim Program are included in the SSI document, “*Summer Swimming Policies*”. This Technical Package is subject to the bylaws of SSI and the Rule Book of Swimming/Natation Canada (SNC).

2.0 General Rules

2.1 Permissible Age Categories

2.1.1 The permissible age categories are:
Seven & eight years
Nine & ten years
Eleven & twelve years
Thirteen & fourteen years
Fifteen to seventeen years
18 and over

2.1.2 The age of the competitor will be as of April 30 of the year of the competition.

2.1.3 Events may be offered in the permissible age categories and will be offered for males and females to be swum separately (except for 7-8 relays).

2.1.3.1 Males and females may NOT swim together in accordance with SSI policy and SNC rules with the following exceptions:

When due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same distance, for competitors of the opposite gender.

Where due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

In the event of a swimmer achieving a record time at a summer meet in a mixed gender heat, the record will be accepted by Saskatchewan Summer Swimming.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

2.1.4 Age Categories for Relays

- 2.1.4.1 Up to two swimmers from a younger age category may be part of a relay team of a higher age category, except if an open relay event is offered, which is open to swimmers of any age.
- 2.1.4.2 Clubs may enter combination teams made up of swimmers from two or more clubs. The points earned by a combination team may (at the meet manager's discretion) be apportioned among the clubs making up the team according to the number of swimmers from each club.
- 2.1.4.3 The 7-8 relays will be entered without regard to gender at all summer meets and semis, not provincials. At Summer Swimming Provincials the 7-8 relays must be gender specific as per Technical package rule 5.1.1

- 2.1.5 At swim meets where full electronics, including touch pads are not available, three timers per lane should be used for all sanctioned summer meets. For meets with full electronics, the use of two plunger is satisfactory.

2.2 Permissible Events (yards/meters)

- 2.2.1 These events and no others may be offered during a meet of summer swimmers.

Individual events:

Freestyle – 25, 50, 100 and 200 meters
Backstroke – 25, 50, 100 and 200 meters
Breaststroke – 25, 50, 100 and 200 meters
Butterfly – 25, 50 and 100 meters
IM – 100 and 200 meters

- 7 and 8 year olds may only swim 25 and 50 meter events in each stroke and 100 IM
- 9 and 10 year olds may only swim 25, 50 and 100 meter events in Freestyle, Backstroke, Breaststroke and IM; and many only swim 25 and 50 meter butterfly events.

Relay events:

Freestyle - 100 and 200 meters
Medley - 100 and 200 meters

- Only 100 meter relays may be offered for 7 and 8 year old age category

- 2.2.2 Records will be maintained for each of the permissible events.

3.0 Seeding

Clubs may host their meet by seeding events in any of the permissible age categories (i.e. 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 & 17 and 18 & Over) or a combination of permissible age categories (i.e. 10 & under and 11 & Over). A club may even choose to seed the meet totally via time with no age categories; so as “open”, however if running combined age category events, or Open events, then the event must be set up as multi age group in Hy-tek so that the events offered produces results and awards as listed in the permissible age categories in Item 2.1.1 (for example – an event called 10 & under female would have all female swimmers aged 10 & seeded by time with the possibility of 10 year old in a lane next to a 7 year old but results and awards must be given as 7 & 8 girls and 9 & 10 girls).

When running a multi age event, if you offer an event it must be offered to all age categories that it is a permissible event for. (i.e. if running the meet as open then 100 Free would have to be offered to all of the following age categories: 9 & 10, 11 & 12, 13 & 14, 15 & 17 and 18 & Over. You could not exclude the 9 & 10 age category.)

3.1 Results and Awards

Results and awards must be done as per the age categories listed in item 2.1.1

4.0 Meets

4.1 Invitational Meets

4.1.1 All meets other than the Northern Semi-finals, the Southern Semi-finals the Saskatchewan Summer Swimming Finals and the Summer Games will be Invitational meets.

4.1.2 At least two meets in the summer season, prior to semi-finals, should include all the events offered at semi-finals and finals events as specified within this Technical Package.

4.2 Sanction

4.2.1 All meets must be sanctioned by SSI.

4.2.2 Swimmers registered with a summer swim organization may participate in SSI sanctioned meets. (Summer Swimming Policy SC-2)

4.2.3 Swimmers must register with SSI before being allowed to swim in any competition. SSI will not register any swimmer until payment is received. A minimum of two working days prior to the competition is required for processing of registrations. (Summer Swimming Policy SC-2 and Board Policy C-2)

4.2.4 Exhibition swims may be allowed in accordance with SSI policy and SNC rules.

4.3 Scoring at meets

- 4.3.1 *Unless specified in the meet invitation*, in a six lane pool scoring for individual events will be for first to sixth place as follows: 7-5-4-3-2-1 and for relays for first to sixth place as follows: 7-5-4-3-2-1. In a five lane pool scoring for individual and relay events will be for first to fifth place as follows: 6-4-3-2-1. In an eight lane pool the scoring for individual and relay points will be for first to eighth place as follows: 9-7-6-5-4-3-2-1
- 4.3.2 Unattached swimmers do not score points for any club and they are unable to swim on a club relay team, when relays are being scored.

4.4 Awards at Meets

- 4.4.1 Clubs are encouraged to provide a recognition award for each swimmer in the meet. Examples of recognition awards are: Best time ribbon or *I Won My Heat* ribbons.

4.5 Meet Manager's Responsibilities

- 4.5.1. Meet Managers will follow rules, policies and procedures as established by Swimming/Natation Canada (SNC), Swim Saskatchewan Incorporated (SSI) and the *Summer Swimming Technical Package* as approved by SSI.
- 4.5.2 Meet Managers will avail themselves of SNC/SSI resources, such as the Meet Manager's Guide and the Meet Manager officials' clinic.

5.0 SEMI-FINALS
5.1 Order of Events

The events and order of events for semi-finals will be as follows:

One-Day Semi-Final

Girls' Event #s	Age	Events	Boys' Event #s
1	11 & 12	200 Free	2
3	13 & 14	200 Free	4
5	15 - 17	200 Free	6
7	18 & Over	200 Free	8
9	7 & 8	25 Fly	10
11	9 & 10	50 Fly	12
13	11 & 12	50 Fly	14
15	13 & 14	100 Fly	16
17	15 - 17	100 Fly	18
19	18 & Over	100 Fly	20
21	7 & 8	25 Breast	22
23	9 & 10	50 Breast	24
25	11 & 12	100 Breast	26
27	13 & 14	100 Breast	28
29	15 - 17	100 Breast	30
31	18 & Over	100 Breast	32
33	7 & 8	50 Free	34
35	9 & 10	100 Free	36
37	11 & 12	100 Free	38
39	13 & 14	100 Free	40
41	15 - 17	100 Free	42
43	18 & Over	100 Free	44

Lunch Break

One-Day Semi-Final Continued

Girls' Event #s	Age	Events	Boys' Event #s	
After the Lunch Break				
45	7 & 8	25 Back	46	
47	9 & 10	50 Back	48	
49	11 & 12	100 Back	50	
51	13 & 14	100 Back	52	
53	15 - 17	100 Back	54	
55	18 & Over	100 Back	56	
57	7 & 8	25 Free	58	
59	9 & 10	50 Free	60	
61	11 & 12	50 Free	62	
63	13 & 14	50 Free	64	
65	15 - 17	50 Free	66	
67	18 & Over	50 Free	68	
69	7 & 8	100 I.M.	70	
71	9 & 10	100 I.M.	72	
73	11 & 12	200 I.M.	74	
75	13 & 14	200 I.M.	76	
77	15 - 17	200 I.M.	78	
79	18 & Over	200 I.M.	80	
81	7 & 8	100 Free Relay	82**	7 & 8 Relays are mixed
83	9 & 10	200 Free Relay	84	
85	11 & 12	200 Free Relay	86	
87	13 & 14	200 Free Relay	88	
89	15 - 17	200 Free Relay	90	
91	18 & Over	200 Free Relay	92	
93	7 & 8	100 Medley Relay	94**	7 & 8 Relays are mixed
95	9 & 10	200 Medley Relay	96	
97	11 & 12	200 Medley Relay	98	
99	13 & 14	200 Medley Relay	100	
101	15 - 17	200 Medley Relay	102	
103	18 & Over	200 Medley Relay	104	

Two-Day Semi-Final
Day One

Girls' Event #s	Age	Events	Boys' Event #s	
1	11 & 12	200 Free	2	
3	13 & 14	200 Free	4	
5	15 - 17	200 Free	6	
7	18 & Over	200 Free	8	
9	7 & 8	25 Fly	10	
11	9 & 10	50 Fly	12	
13	11 & 12	50 Fly	14	
15	13 & 14	100 Fly	16	
17	15 - 17	100 Fly	18	
19	18 & Over	100 Fly	20	
21	7 & 8	25 Breast	22	
23	9 & 10	50 Breast	24	
25	11 & 12	100 Breast	26	
27	13 & 14	100 Breast	28	
29	15 - 17	100 Breast	30	
31	18 & Over	100 Breast	32	
33	7 & 8	50 Free	34	
35	9 & 10	100 Free	36	
37	11 & 12	100 Free	38	
39	13 & 14	100 Free	40	
41	15 - 17	100 Free	42	
43	18 & Over	100 Free	44	
93	7 & 8	100 Medley Relay	94**	7 & 8 Relays are Mixed
95	9 & 10	200 Medley Relay	96	
97	11 & 12	200 Medley Relay	98	
99	13 & 14	200 Medley Relay	100	
101	15 - 17	200 Medley Relay	102	
103	18 & Over	200 Medley Relay	104	

Two-Day Semi-Final Day Two

Girls' Event #s	Age	Events	Boys' Event #s	
45	7 & 8	25 Back	46	
47	9 & 10	50 Back	48	
49	11 & 12	100 Back	50	
51	13 & 14	100 Back	52	
53	15 - 17	100 Back	54	
55	18 & Over	100 Back	56	
57	7 & 8	25 Free	58	
59	9 & 10	50 Free	60	
61	11 & 12	50 Free	62	
63	13 & 14	50 Free	64	
65	15 - 17	50 Free	66	
67	18 & Over	50 Free	68	
69	7 & 8	100 I.M.	70	
71	9 & 10	100 I.M.	72	
73	11 & 12	200 I.M.	74	
75	13 & 14	200 I.M.	76	
77	15 - 17	200 I.M.	78	
79	18 & Over	200 I.M.	80	
81	7 & 8	100 Free Relay	82**	7 & 8 Relays are mixed
83	9 & 10	200 Free Relay	84	
85	11 & 12	200 Free Relay	86	
87	13 & 14	200 Free Relay	88	
89	15 - 17	200 Free Relay	90	
91	18 & Over	200 Free Relay	92	

5.2 Division of North and South

- 5.2.1 The clubs north of a line drawn from Kamsack to Alsask will form the North Region and will be entitled to attend only the Northern Semi-Finals
- 5.2.2 The clubs south of the line will form the South Region and will be entitled to attend only the Southern Semi-Finals.
- 5.2.3 The Meet Manager will send the meet information to all clubs registered in the North or South Region as the case may be.

5.3 Meet Entries

- 5.3.1 The meet entry deadline will be 6:00 PM on the Monday preceding the meet.

5.4 Scoring

- 5.4.1 Scoring for individual events will be for first to sixth place as follows: 7-5-4-3-2-1
- 5.4.2 Swimmers who swim in events out of their age group may only be awarded points if the event is not offered in their own age group.
- 5.4.3 Each club may enter a maximum of two relay teams per sex and age category. Relays will not have points awarded at semi-finals. 7+ 8 may enter a maximum of four teams.

5.5 Northern Semi-Final Awards

- 5.5.1 At the Northern Semi-Finals the awards will be as follows:
 - 5.5.1.1 Ribbons for first to sixth for individual events and first to third for relay events;
 - 5.5.1.2 Trophies for the most aggregate points earned by an individual swimmer in each age category for males and for females;
 - 5.5.1.3 High point trophy for the Senior Team earning the most points; (senior team will be that portion of each club composed of swimmers in the 13 & 14 and older categories);
 - 5.5.1.4 High point trophy for the Junior Team earning the most points; (junior team will be that portion of each club composed of swimmers in the 11 & 12 and younger categories);
 - 5.5.1.5 Team high point trophy for club with most points at meet (this may be the trophy awarded at the host clubs annual invitational meet)

5.6 Southern Semi-Final Awards

- 5.6.1 At the Southern Semi-Finals the awards will be as follows:
 - 5.6.1.1 Ribbons for first to sixth for individual events and first to third for relay events;
 - 5.6.1.2 Awards for the most aggregate points earned by an individual swimmer in each age category for males and for females;
 - 5.6.1.3 Team high point trophy for the club earning the most points at the meet (this may be the trophy awarded normally at the host club's annual invitational meet).

5.7 Swimmer Eligibility

- 5.7.1 To be eligible to attend the semi-finals a swimmer must have competed in at least one sanctioned meet hosted by a summer club in the Province of Saskatchewan in the year of the semi-final prior to the semi-final meet.
- 5.7.2 If a swimmer has trained with a summer club and has for health, administrative or facility problems or for any other reason beyond his/her control not swum at an SSI sanctioned Saskatchewan summer swim meet prior to the semi-final, the swimmer may apply to the summer swimming program executive for a waiver of this rule. The executive will rule on the application on the basis of the question of whether the swimmer is a legitimate summer swimmer who has not competed at a previous meet for reasons beyond his/her control. The ruling of the Summer Swimming Program Executive will be final.

5.8 Meet Results

- 5.8.1 North and South Semi Finals Meet Managers are to send the completed Hy-Tek Meet Manager back up file by e-mail as soon as possible after the conclusion of Semi Finals. It is the responsibility of each club to let Finals meet management know of any athletes who qualified but are unable to attend, before the entry deadline date. Clubs will be responsible for entry fees of swimmers not scratched before the deadline date.

6.0 SASKATCHEWAN SUMMER SWIMMING FINALS

6.1 Order of Events

- 6.1.1 Provincial Finals to be held either as a one or two day meet, at the discretion of the Host Club.

The events and order of events will be the same as one or two day semi finals with the exception of 7 & 8 relays, which will not be mixed.

6.2 North and South Teams

- 6.2.1 The clubs in the North Region will be the Northern Team and the clubs in the Southern Region will be the South Team.

6.3 Scoring

- 6.3.1 Scoring for individual events will be for first to twelfth place as follows: 13-11-10-9-8-7-6-5-4-3-2-1 and for relays for first to third place as follows: 12-10-9.

- 6.3.2 Swimmers who swim in events out of their age group may only be awarded points if the event is not offered in their own age group.

6.4 Relays at Provincial Finals

- 6.4.1 All Relay events will be Time Finals. In the event that Semi Finals and Provincial Finals are held as one meet with Preliminary Heats acting as Semis and the evening finals sessions acting as Provincial Finals, then the Relays will be swum in the evening Finals session.
- 6.4.2 Relay swimmers must have advanced from Semis (or from prelims) and be properly entered in at least 1 individual event at Finals.
- 6.4.3 In the case where Semi Finals and Provincial Finals are held as one meet, a swimmer who advanced from the prelims in an individual event on Day 1 may also swim on a relay on Day 2.
- 6.4.4 In addition to swimming in a relay in their own age category, swimmers may swim up an age category to fill a vacancy in a higher age group.
- 6.4.5 In the event that Provincial Finals are held as a Preliminary Heats and Finals competition; coaches will be required to have relay teams with the athletes order submitted no later than 30 minutes prior to the start of the final's session in which the relay is being held.

6.5 Awards

6.5.1 The awards will be as follows:

- 6.5.1.1 Medals for first to third for individual events and first to third for relay events; Host club is responsible for ordering of the medals and should check with Swim Sask for current medal purchase grant.
- 6.5.1.2 Ribbons for fourth, fifth and sixth places in individual events for a six lane pool and fourth and fifth places in a five lane pool.
- 6.5.1.3 Team high point trophy, the Halliday Cup, for the North or South Team earning the most points at the meet.
- 6.5.1.4 High point awards for 1st place in each individual age group male and female. Meet Management is to contact Swim Sask with their suggestions for these awards. Awards are not to exceed a value of \$30. These awards are purchased from part of the club affiliation fees that are paid to Swim Sask. Swim Sask or the clubs (after approval from Swim Sask) may purchase these awards. If club purchases the awards, then submit copy of receipt to Swim Sask for reimbursement.
- 6.5.1.5 Team high point trophy, Harry Bailey Trophy, for the club earning the most points at the meet in individual events.
- 6.5.1.6 Small Team High Point trophy, Betty Lou Dean trophy, for the small club earning the most points at the meet in the individual events; “small team” will be determined as follows:
 - 6.5.1.6.1 The summer clubs are ranked top to bottom according to the number of swimmers registered with SSI.
 - 6.5.1.6.2 Count down the ranking of summer clubs one half of the number of clubs;
 - 6.5.1.6.3 The clubs below the half way point will be “small clubs” for the purposes of the trophy.
- 6.5.1.7 The Halliday Cup, Harry Bailey and Betty Lou Dean Trophies are all existing trophies that are presented from one meet to the next. Provincial Finals meet manager should help remind Swim Sask to send out an email to the clubs that won the trophy’s the previous year and remind them to take them to either semi or finals and give them to the meet manager so they can be presented again.

6.6 Swimmer Eligibility

- 6.6.1 The top six swimmers in each event at the Northern Semi-Finals and the Southern Semi-Finals will qualify for the finals. If a qualifying or an alternate swimmer cannot attend, the next best swimmer completing the event and without disqualification at the appropriate semi-final may attend as an alternate swimmer.
- 6.6.2 Unattached swimmers are allowed to advance to Provincial Finals. Unattached swimmers are allowed to swim on a Provincial Relay team at Provincial Finals. The relay team they may represent will be determined by the zone/district that they live in and have a permanent address.
- 6.6.3 Each of the regional teams will select a coach to represent it at the final. The coach may select up to two relay teams for each relay event to represent the coach's region. The relay team members will be selected from the qualified or alternate swimmers attending the finals.

6.7 Seeding

- 6.7.1 The individual swimmers will be seeded from the times swum at the semi-final meets in accordance with CSW 3.4 for time-finals.
- 6.7.2 The Provincial Relays will be seeded as follows:

Women:

Lane 2 North B team
Lane 3 North A team
Lane 4 South A team
Lane 5 South B team

Men:

Lane 2 North B Team
Lane 3 North A Team
Lane 4 South A Team
Lane 5 South B Team

6.8 Scratch Rules:

When Semi Finals and Provincial Finals are held as 2 separate meets, one week apart the following scratch rule will apply:

- a) Initial scratches from Semi Finals must be submitted at the conclusion of Semis, to the Semis meet manager.
- b) The last scratch deadline for scratches for Finals is 9:00 p.m. Monday prior to Provincial Finals unless otherwise stated in the Provincial meet package.
- c) Penalties: Scratches after this Monday deadline as well as all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) on the day of the competition will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day.

- d) In the event that a swimmer has been scratched from his/her remaining events for the day, as per item “c” above, that swimmer will be in-eligible for swimming in relays as well. The team may substitute another eligible swimmer, to replace the in-eligible swimmer. The substitution name must be submitted within 30 minutes of the disqualification. If the substitution is not received within this timeframe, then the relay will be considered scratched and not eligible to swim.
- e) Alternate Swimmers: In Finals, if a swimmer has not reported to the blocks when the race is called, the Referee shall have the alternate called immediately, who shall become one of the finalists. Alternates MUST report to the Clerk of Course when the event is called for marshalling and be ready to swim if necessary.”

When Semi Finals and Provincial Finals are held as one meet with preliminary heats and finals the following scratch rule will apply:

- a) Scratches for/during the Preliminary heats may be made at any time without penalty except for loss of entry fee. However, clubs are requested to report any scratches 30 minutes prior to the start of the session in which the event is to be held.
- b) Scratches for FINALS must be made to the Clerk of Course within 30 minutes following the conclusion of the Preliminary session (Semis).
- c) Penalties: Scratches after this 30 minute deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. There is no monetary assessment penalty.
- d) In the event that a swimmer has been scratched from his/her remaining events for the day, as per item “c” above, that swimmer will be in-eligible for swimming in relays as well. The team may substitute another eligible swimmer, to replace the in-eligible swimmer. The substitution name must be submitted within 30 minutes of the disqualification. If the substitution is not received within this timeframe, then the relay will be considered scratched and not eligible to swim.
- e) Alternate Swimmers: In Finals, if a swimmer has not reported to the blocks when the race is called, the Referee shall have the alternate called immediately, who shall become one of the finalists. Alternates MUST report to the Clerk of Course when the event is called for marshalling and be ready to swim if necessary.

6.9 North and South Head Coaches at Provincial Finals

6.9.1 The North and South Head Coaches at Provincials will be the coach from the club that hosted the North Semi-Finals and the South Semi-Finals.