



To: Swim Saskatchewan Coaches Association

Current as of: December 20<sup>th</sup>, 2017

Re: 2018 Prospects West Camp (Alberta / BC / Manitoba / Saskatchewan)

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Tour Dates: May 1<sup>st</sup> to 5<sup>th</sup>, 2018 – (Or May 1<sup>st</sup> to 6<sup>th</sup> if staying for LASER competition)

Camp Dates: May 1<sup>st</sup> to 5<sup>th</sup>, 2018

Location: Saskatoon, Saskatchewan – Shaw Centre

Selection Period: January 1<sup>st</sup> to April 15<sup>th</sup>, 2018 – long course results only

Team Size: 8 Athletes – Swim Sask will reserve 2 spots for females and 2 for males. The remaining four spots will be selected based on performance. Depending on athlete selection depth, Swim Saskatchewan may send less than 8 athletes. Please see “2. Selection Procedure” for additional details.

- Females born 2003 or younger
- Males born 2002 or younger

Coaching Staff: One coach will be selected to attend in addition to the Provincial Coach. Additional coaches may attend at their club’s expense as a member of Team Sask.

Swimming Canada Coaching Staff: Swimming Canada National Development Team Coach to be in attendance throughout the camp as well as Coach Development Workshop.

Mentored Coaches: Two coaches may be selected from application to attend the 2018 Prospects West camp. This coach will work with the Provincial Coach, selected coach, as well as coaches from across western Canada to learn and improve their own coaching abilities. The mentored coach does not necessarily need to have athletes on Team Sask. See below for Mentored Coach application information.

Team Manager: One team manager is needed for this event. [Please submit your interest and available through our online sign up form.](#)

Declaration of Availability: Athletes, Coaches, and Team Managers must declare their availability to attend 2018 Prospects West by **Friday, March 23<sup>rd</sup>, 2018**. [Those interested in participating and are available during the days of the camp may declare their availability through our online sign up form.](#) Notification of selection will be sent with additional camp information the week of April 16<sup>th</sup>, 2018.





## Athlete Eligibility:

- 1.1. [Only athletes who have declared themselves available through our online submission form](#) by **Friday, March 23<sup>rd</sup>, 2018** will be eligible for selection.
  - 1.2. Only female athletes born in 2003 or later, and male athletes born 2002 or later may be considered for this camp.
  - 1.3. Athletes must be in a full time training program as defined by the head coach of the home program from September 15<sup>th</sup>, 2017 to May 1<sup>st</sup>, 2018 despite school breaks. For clarification, please contact Aaron Maszko.
  - 1.4. Athletes must be registered with a winter competitive Swim Saskatchewan swim club, be in good standing with their club and with Swim Saskatchewan, and reside in Saskatchewan at the time of selection.
  - 1.5. All athletes submitted for consideration should be healthy and injury free, and fully prepared to participate in all training camp activities. Coaches should not submit an athlete if they feel the athlete cannot fully participate for any reason (health, injury, poor attendance, additional conflicting activities before or during camp).
2. Selection Procedure:
- 2.1. Eligible athletes will have their long course results from January 1<sup>st</sup> to April 15<sup>th</sup> 2018, ranked and computed and these results will then be scored via Swim Saskatchewan's "[On Track Points Calculator – Age Depended Averaging](#)" with all athlete's age as of April 30<sup>th</sup>, 2018. Please note, as of December 12<sup>th</sup>, 2017, this calculator has been updated.
  - 2.2. Athletes with the highest average score from these results will be selected to the team first, with a minimum requirement that athletes must score at least 775 points.
  - 2.3. In the event of a tie, the athletes next best event not averaged in their original score will be considered for ranking purposes, and so on until the ranking is determined.
3. Athlete Responsibilities
- 3.1. Athletes selected will be required to pay a travel fee, estimated to be approximately **\$300.00** to attend this event. Selected athletes will be invoiced following the completion of the event once all costs are known. This fee is used to help cover the coaches and chaperone costs, as well as to help offset the overall costs of the trip over and above the amount that Swim Sask is contributing to the event. These costs include hotel, meals, pool space, invited speakers, sport science sessions, etc.
  - 3.2. All selected athletes must have completed the [online Swim Sask Performance Development Team form](#), as well as reviewed the Swim Sask Member and HP Code of Conduct documents by **Friday, March 23<sup>rd</sup>, 2018**. Athletes only need to complete the form once per season, unless their emergency contact information, address, or allergies / ailments requires updating.
  - 3.3. All selected athletes will be responsible for their own travel to and from the Prospects West camp, Swim Saskatchewan will arrange for all travel during the duration of the camp.
  - 3.4. All selected athletes must stay with the team in the hotel for the duration of the outlined tour dates.





- 3.5. All selected athletes must have completed the Swim Sask 2018 Prospects West logbook with their home coach prior to departing for the camp. The logbook will be distributed shortly after athletes have been selected.
  - 3.6. Athletes selected to this team are required to report all illnesses or injuries after being selected until the time of departure. All athletes must be healthy and able to participate in all camp training and activities. Swim Sask reserves the right to refuse athlete participation if they determine that the athlete is unable to participate fully in the camp or activities. Any athlete removed from the team will be required to pay any flight costs and cancellation fees.
  - 3.7. Should an athlete, after being selected to the team, become “inactive” within their club or is deemed “not in good standing” and is suspended from either their club and/or Swim Sask, then that athlete will no longer be considered eligible for the event and will be removed from the team and will be subject to the same requirements as 3.7.
4. Coach Selection
- 4.1. Team Leader – Swim Sask will send Provincial Mentor Coach, Aaron Maszko, to serve as the Team Leader for Team Sask.
  - 4.2. Performance Coach – Swim Sask may select one Performance Coach to Team Sask. The Performance Coach will be the coach of record of the highest-ranking athlete selected to the team.
  - 4.3. In the event that the Performance Coach declines their position, then the coach of record of the second highest ranking athlete will be selected. This process will continue until a coach is selected.
  - 4.4. In the event that 4.2 and 4.3 do not select a coach, then Swim Sask may select a coach from any additional coaching applications submitted.
  - 4.5. Mentored Coach – Swim Sask may select two Mentored Coaches to Team Sask via application received no later than **Friday, March 23<sup>rd</sup>, 2018**.
5. Coach Responsibilities
- 5.1. Team Leader will manage team selection, performance coach selection, and assist with planning the camp with the other provincial organizers.
  - 5.2. All coaches must stay with the team at the team hotel throughout the duration of the Prospects West camp.
  - 5.3. All coaches must participate in all team activities related to this camp, as well as the Coach Development sessions.
  - 5.4. All coaches must agree to the Swim Sask High Performance Trips Staff Guidelines and Responsibilities. This document can be downloaded from the Swim Sask Website at: <http://www.swimsask.ca/winter/high-performance.html>
  - 5.5. The Performance Coach and Mentored Coaches will be responsible for their own travel to and from the camp. However, Swim Saskatchewan will reimburse for mileage expenses. Those traveling from the same city must carpool to minimize unnecessary expenses.





6. Chaperone / Team Manager
  - 6.1. One team manager is needed for this event. [Please submit your interest and available through our online sign up form](#), and would be appreciated by **Friday, March 23<sup>rd</sup>, 2018**.
  - 6.2. Coaches are welcome to apply for the chaperone position, but must understand that they are the chaperone first and foremost and must prioritize and fulfil the chaperone duties prior to any additional requested coaching responsibilities.
  - 6.3. Parents are welcome to apply for the chaperone position, but must understand that they are there to chaperone all athletes without bias and are not to encroach on coaching or technical feedback to the athletes.
  - 6.4. The selected chaperone must submit a criminal record check to Swim Sask immediately after accepting the position.
  - 6.5. The chaperone agrees to adhere to the Swim Sask Trips Staff Guidelines and Responsibilities. This document can be downloaded from the Swim Sask Website at: <http://www.swimsask.ca/winter/high-performance.html>.
  - 6.6. The chaperone is required to stay with the team at the hotel, as well as arrange their own travel to and from the camp. Swim Sask will reimburse mileage. There may be additional minimal travel while at the camp (i.e. trip to grocery store, etc).
  - 6.7. The chaperone may be required to drive a vehicle in Saskatoon. Chaperone's must have a legal driver's license

Questions regarding athlete, coach, or chaperone selection may be directed to Aaron Maszko at [maszko@swimsask.ca](mailto:maszko@swimsask.ca).

Sincerely,  
Marj Walton, Executive Director, Swim Saskatchewan &  
Aaron Maszko, Provincial Mentor Coach, Swim Saskatchewan





## Tentative Itinerary as of December 20<sup>th</sup>, 2017

May 1 <sup>st</sup> , 2018	Midday arrival at Shaw Centre Welcome and introductions Training session Prospects West athlete and coach's meeting
May 2 <sup>nd</sup> , 2018	AM and PM Training Session Sport Science session
May 3 <sup>rd</sup> , 2018	AM and PM Training Session Sport Science session
May 4 <sup>th</sup> , 2018	AM Training Session Guest speaker session Team social event Coach Development session
May 5 <sup>th</sup> , 2018	AM racing session in Saskatoon Departure from camp

The Prospects West camp will run from midday Tuesday, May 1<sup>st</sup>, to midday Saturday, May 5<sup>th</sup>, 2018. Those wishing to participate in the LASER Invitational meet in Saskatoon following the camp (afternoon of May 5<sup>th</sup>, morning of May 6<sup>th</sup>) must have their coach contact Provincial Coach Aaron Maszko ([maszko@swimsask.ca](mailto:maszko@swimsask.ca)) to arrange for entries. All athletes taking part in Prospects West will be entered in the LASER competition as Team Sask, and will not be available for club relays.





## 2018 Prospects West – Team Sask Mentored Coach Position Application

This form must be received by Aaron Maszko, Swim Sask Provincial Mentor Coach no later than **Friday, March 23<sup>rd</sup>, 2018**. Submit completed form via email to [maszko@swimsask.ca](mailto:maszko@swimsask.ca), posted mail to Swim Saskatchewan, 2205 Victoria Ave, Regina, SK S4P 0S4, or fax 306-525-4009.

Because these duties may be above the normal roles and responsibilities of the applying coach, forms will only be accepted if they are endorsed by both the applying coach and the President/Board Member/Head Coach of the club. If a Head Coach is applying for this position, their letter must be supported by a Board Member. If this form is not received, then the coach will not be eligible for selection.

Name of Coach: \_\_\_\_\_ Name of Club: \_\_\_\_\_

Current age range and performance level of athletes this coach works with: Ages: \_\_\_\_\_

Athlete Perf. Level     Junior Provincial Athletes                       ManSask Qualified Athletes  
 (Check all that apply):  Eastern/Western Athletes                       CJC Qualified Athletes  
     CSC Qualified Athletes     CAN Trials Qualified Athletes

Reasons why coach wishes to attend 2018 Prospects West as Mentored Coach:


All applications will be reviewed by the Swim Saskatchewan Board: High Performance Committee. Only one applicant will be selected and notified of selection.

Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Endorsing Member Name (printed)

\_\_\_\_\_  
Endorsing Member Signature

\_\_\_\_\_  
Endorsing Member Position in Club

