



SWIMMING TECHNICAL PACKAGE

1. Sport

1.1 Competition Site: Meadow Lake Aquatic Centre

1.2 Competition Dates: July 29-August 1, 2012

1.3 Sanction: Yes

Sanction Number: is only given once the competition is listed on the Swimming Canada National meet list site.

2. Participants

2.1 Number of Swimmers per District:

Male: 8 Female: 8

2.2 Coaches and Managers: 2 coaches and 1 manager (must have a minimum of 1 coach/manager of the same gender)

2.3 The Saskatchewan Games Fill Policy will be in effect for this competition.

3. Classification

3.1 Age as of first day of competition (July 29th, 2012)

3.1.1 Female - 11 to 14 years of age

3.1.2 Male - 12 to 15 years of age

3.1.2.1 Each district will be allowed a maximum of 3 swimmers per individual age. A district may not select an entire team from a single age category. (i.e. a district may not select a team of all 14 year olds.)

3.2 Finals will be scored and swam in the following age categories:

Individual Events and Relays:

Female – 11 and 12, 13 and 14

Male – 12 and 13, 14 and 15

3.3 To fill the team complement each district will be allowed to have swimmers participate in an age group higher than the competitor's age as of first day of competition. That swimmer must swim all events AND relays in the higher age classification for the Games. i.e.: a 13 year old boy can swim in the 14 – 15 age classification, to fill that district's team complement, swimming all his individual events and as a relay member in the 14 – 15 age category.

4. Eligibility

Athletes:

4.1 Athletes: All swimmers must be a member in good standing of Swim Saskatchewan Inc. registered as either a winter competitive swimmer or a summer swimmer in order to be eligible to compete.

4.2 All athletes must meet the Swim Saskatchewan Summer Games Eligibility criteria which forms an integral part of this Technical Package.

4.3 Swimmer De-qualification:

4.3.1 The Swim Saskatchewan "AA" time standards for each individual event by gender and the highest age within each age group. ie: an 11 or 12 year old female swimmer having achieved the "AA" standard for a 12 year old 50 freestyle can NOT swim the 50 freestyle but IS ALLOWED to swim the 100 freestyle event providing she has not achieved the provincial "AA" standard in the 100 freestyle. ie: a 14 or 15 year old male swimmer who has achieved the 15 year old "AA" standard in the 100 back can NOT swim the 100 back but CAN SWIM the 50 or 200 back providing they have not achieved the 15 year old "AA" in either one of those events.

4.4 Excluded from the Games are:

4.4.1 Any swimmer that is named to the Swim Sask High Performance Team during the 2011/2012 swim season

4.4.2 Any swimmer that has competed at the Western Canada Summer Games, Canada Summer Games, Swimming Natation Canada (SNC) Canadian Age Group Championships, SNC Western/Eastern Championships or SNC Spring or Summer Senior Nationals.

4.5 The Saskatchewan Summer Games are open to Canadian citizens and permanent Saskatchewan residents.

- 4.6 Students attending school on a full-time basis outside Saskatchewan during the year of the Games shall be permitted to compete for their district of permanent residence in Saskatchewan.
- 4.7 Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the district she or he wishes to represent by such means as having been a member of a club or provincial sport organization for the entire previous competitive season and having represented that district during the previous 12 months. Other similar circumstances may be considered.
- 4.8 Competitors must meet all eligibility requirements outlined in the Technical Package.
- 4.9 An athlete is permitted to try out and compete for only one district.
- 4.10 An athlete may participate in more than one sport, provided the sports occur in different phases of the Games.
- 4.11 The Saskatchewan Games Council shall determine the eligibility of any athlete that is not clearly established by these rules and by the Technical Package. **Coaches or district representatives must bring forward any cases in question to Swim Saskatchewan as early as possible before the competition for forwarding to the Saskatchewan Games Council.**
- 4.12 Where a team/district wishes to challenge the eligibility of an athlete on another district team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

Coach Eligibility:

- 4.13 The person named as the Head Coach must be fully certified Level I or Skills Coach under the old National Coaching Certification Program (NCCP) or fully certified as a Fundamentals 101 Coach in the new NCCP Pathway.

The person named as the Assistant Coach must have attended 100% of a Swimming 101 Fundamentals Course.

All coaching staff must also have successfully taken the Making Ethical Decisions (MED) Online evaluation and be considered MED Evaluated.

- 4.14 Coaching certification must be completed no later than ninety (90) days before the opening of the Games.
- 4.15 Coaches must be a member of the Canadian Swim Coaches and Teachers Association (CSCTA), Swimming Canada (SNC) and the Saskatchewan Swim Coaches Association (SSCA).

5. Provincial Registration

Registration is with:

Swim Saskatchewan Inc.
2205 Victoria Avenue
Regina
S4P 0S4
Phone: (306) 780-9291
Email: marjwalton@swimsask.ca

6. Provincial Technical Liaison

Gordon Shields
Box 15
Liberty
S0G 3A0
Phone: Office: (306) 847-4242
Home: (306) 847-4242
Email: gshields@sasktel.net

7. Competition

The Swimming Venue must meet all of the pool depth requirements as per the swimming Canada Rule Book Appendix B Rules FR 2.3 and CFR 2.3.1

Rules will be in accordance with Swimming/Natation Canada Rules and Regulations at the time of the Games.

7.1 Type of Competition: Heats and Finals

- 7.1.1 The 400 freestyle will be swum as time finals only.
- 7.1.2 Relays will be swum as Time Finals only in the Finals Session
- 7.1.3 The fastest 5 swimmers in each age category (Female 11 & 12 and 13 & 14, Male 12 & 13 and 14 & 15) for each gender will advance to the A final.
- 7.1.4 Events with 14 or more entries in each age category (as above) at the time of the entry deadline will have consolation B finals.

7.2 Seeding

- 7.2.1 Event seeding will be done as per the rules of Swimming/Natation Canada – Rule SW 3.
- 7.2.2 All events will be senior seeded by gender in the preliminaries and then split into the following age categories for finals:
 - Female – 11 and 12, 13 and 14
 - Male – 12 and 13, 14 and 15
- 7.2.3 Relays will be swum in the age categories as above

7.3 Events:

The following events will be offered for both Men and Women;

- 50, 100, 200 and 400 Free
- 50, 100 and 200 Back
- 50, 100 and 200 Breast
- 50 and 100 Fly
- 200 IM
- 4 x 50 Freestyle Relay
- 4 x 50 and 4 x 100 Medley Relay

7.4 Event Order:

7.4.1 Any scheduling format or event changes must be approved by Swim Saskatchewan Inc.

The following event order has been done based on swimming being in the first half of the games. If not in the first half then this order will need to be changed.

	Day 1	Day 2	Day 3
Heats	50 Free	50 Fly	400 Free (TF)
	200 Breaststroke	200 Backstroke	200 Breaststroke (Finals)
	100 Backstroke	100 Breaststroke	50 Fly (Finals)
	200 Free	200 IM	200 Backstroke (Finals)
	50 Breaststroke	50 Backstroke	50 Free (Finals)
	100 Fly	100 Free	4 x 100 Medley Relay (TF)
Finals	200 Free	200 IM	
	100 Backstroke	100 Breaststroke	
	50 Breaststroke	50 Backstroke	
	100 Fly	100 Free	
	4 x 50 Free Relay (TF)	4 x 50 Medley Relay (TF)	

Notes: Suggested timelines for the sessions as follows:

Preliminaries

- Warm up time 8:00 am
- Start time 9:00 am
- Finish time 12:24 pm
- Session: 3 hrs 24 min

Finals

- Warm up 3:45 pm
- Start time 4:45 pm
- Finish time 7:15 pm
- Session: 2 hrs 30 min

Day 3 Session

- Warm up time 8:00 am
- Start time 9:00 am
- Finish time 12:30 pm
- Session: 3 hrs 30 min



7.5 Entries:

- 7.5.1 Entries must be submitted by Hy-tek Team Manager preferably Version 5.0 by July 20, 2012.
- 7.5.2 All entries must have an entry time. "No Time" (NT) entries will not be accepted.
- 7.5.3 A district may enter one team per relay event and a maximum of 3 swimmers per individual event.
- 7.5.4 Relay swimmers shall be properly entered in the meet and must swim at least one (1) individual event.
- 7.5.5 A swimmer may compete in up to seven (7) individual events plus the relays.
- 7.5.6 Scratches as per rule SNC 3 in effect at the time of the Games

8. Results

- 8.1 The order of finish for both individual and relay events will be determined in the order of finish based on times.
- 8.2 Results will be posted on the Swim Canada website Meet Listings and Results.
- 8.3 Scoring:
 - 8.3.1 In accordance with SNC Rule GR 9.8 Point Scoring and Awards – Canada. Scoring to 10th place regardless on the number of entries and if there is a Consolation B final or not.

8.3.2 Point Scoring for Individual Events:

1 st Place	20 points	6 th Place	6 Points
2 nd Place	15 points	7 th Place	4 Points
3 rd Place	10 points	8 th Place	3 Points
4 th Place	8 points	9 th Place	2 Points
5 th place	7 points	10 th Place	1 Point

8.3.3 Point Scoring for Relay Events:

1 st Place	30 points
2 nd Place	20 points
3 rd Place	15 points
4 th Place	12 points
5 th Place	10 points

9. Tie Breaking Procedure

9.1 Tie breaking will be in accordance with Swimming/Natation Canada Rules at the time of the Games.

9.2 In the event of a tie between two or more districts, each district will be awarded an extra swimming point for each gold medal won. If there is still a tie, districts will be awarded an extra swimming point for each gold and silver medal won. If there is still a tie, districts will be awarded an extra swimming point for each gold, silver and bronze medal won. If still tied, this process will continue using the remaining places of finish until the tie is broken.

10. Sport Protest Procedure

All protest shall be filed in accordance with the SNC Rule GR 9.2 in effect at the time of the Games.

11. Equipment

- 11.1 Starting blocks that meet the requirements in the Swimming Canada Rule Book FR 2.7
- 11.2 Each starting block/platform must be distinctly marked with Lane 1 being on the right hand side of the starting end
- 11.3 The pool must have an overall minimum depth of 1.0 meters and a minimum depth of 1.2 meters at the starting end of the pool where the starting blocks are installed.

- 11.4 Water Temperature must meet Rule FR 2.11 – shall be 25 – 28 degrees Celsius. During competition the water in the pool must be kept at a constant level, with no appreciable movement. In order to observe health regulation in force, inflow and outflow is permissible as long as no appreciable current or turbulence is created.
- 11.5 Non Turbulent Lane ropes
- 11.6 Backstroke turn flags located 5 meters from each end wall
- 11.7 False start rope
- 11.8 Starting equipment and starters stand
- 11.9 Computer(s) and printer (s)
- 11.10 Hytek Meet Manager software preferably Version 3.0
- 11.11 Stop watches (3 per lane, 2 for the Chief Timer and extras for replacement)
- 11.12 Photocopier
- 11.13 Tables and chairs or benches
- 11.14 Bleachers for the athletes and spectators
- 11.15 P.A. System

12. Sport Jury

As in accordance with SNC Rule GR 9.3 Jury of Appeal

13. Officials

13.1 Major Officials: - As per Swimming/Natation Canada Officials Certification Program - 18 per session will be needed

The Major Officials shall all be Master or Senior Officials or perhaps some Orange level officials that are close to becoming Senior Officials.

There shall be one Overall Meet Referee

There will be one Overall Meet Manager - this person will be in charge of the Swimming Organizing Committee on the host society.

The meet manager must consult with the Swim Saskatchewan Director of Officials or whomever he appoints as the contact from Master and Senior Officials Committee to be the representative to the host organizing committee, on the placement of all major officials.

For **EACH OF THE FIVE SESSIONS** there shall be a minimum of the following qualified/certified major officials. Meet Manager may be required to recruit some of Inspector of Turns and Judges of Stroke.

- Referee – 2
- Starter – 2
- Chief Finish Judge – 1
- Chief Timer – 1
- Recorder/Scorer – 1
- Chief Inspector of Turns - 1
- Inspector of Turns – 5 (one for each lane)
- Judges of Stroke – 4
- Chief Judge Electronics – 1 (only if applicable)

13.2 Minor Officials - As per Swimming/Natation Canada Officials Certification Program

For **EACH OF THE FIVE SESSIONS** there shall be a minimum of the following qualified/certified Minor officials that will come from the host community and the Meet Manager will need to recruit. 26 per session needed.

- Timers – 3 per lane in which one of the timers will be a qualified Head Lane timer. Total timers required is: 15 with 5 of them qualified as Head Lane Timers.

- Clerk of Course – 1

- Marshal – 1

- Announcer – 1

- Safety Marshal – 2

- Runners – 2

- Computer Operator – 2

- Office Staff - 2 (the number of people requires is up to the discretion of the meet manager. There will be a minimum of 2.

14. Medical Services

To be provided by the facility staff/lifeguards at the competition site

15. Medals

15.1 For Individual events, medals will be awarded for 1ST place to 3rd place and for each event by gender and age category as per Point 3.

15.2 For Relay events, medals will be awarded for 1st place to 3rd place.

15.3 Medals: Gold: 100 Silver: 100 Bronze: 100 (Plus extra for ties)
Remember 4 people on a relay team so should a relay tie then need 4.

15.4 Medal presentations will be done during the finals session at meet management's discretion. Preference is to swim a few events and then give out the medals for those events, then swim a few more events and then give out those medals.

15.5 A Provincial Team Champion trophy will be awarded to the District team accumulating the most points as per Scoring 8.3

16. District Team Selection

To be developed by Swim Saskatchewan after the approval of the submitted technical package and published prior to May 31st, 2011 this is because we need to wait to see if you will approve us running the meet in the 2 age categories or if you are going to tell us that it has to be run in just one open category. We believe that running in just one category does not fall inline with LTAD principles.

17. Provincial Sport Contact

Marj Walton
2205 Victoria Avenue
Regina
S4P 0S4
Phone: (306) 780-9291
Email: marjwalton@swimsask.ca



18. This is to certify that this technical package, in its entirety, was approved by the Board of Directors.

As per the Swim Sask Executive Director's job description and governance, this does not need to go to the Board for approval.

Meeting Date:

Executive Director Signature:



Name:

Address:

City:

Postal Code:

Phone

Home:

Work:

Email:

Every Sask Summer Games' coach, manager, Sport Chairperson and Mission staff has the obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Technical Committee of the Saskatchewan Games Council or the Sport Technical Liaison through his or her District Representative.

Technical Packages are developed primarily by the Saskatchewan Summer Games Technical Committee in conjunction with Swim Saskatchewan (PSGB) following principles, guidelines and requirements of the Saskatchewan Games Council and the Long Term Athlete Development Strategy for swimming (LTAD). As the overall governing body of the Games, the Saskatchewan Games Council has the ultimate authority for Technical Packages.

If an individual wishes to initiate a change to a Technical Package leading up to a Games, the desired change should be first directed to the PSGB or the Technical Committee. They will evaluate the merits of the change and will, if it has merit, submit the requested change to the Saskatchewan Games Council. The PSGB or Technical Committee will submit the rationale for the change. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after May 31, 2011. Substantive changes to events or competition formats will not be considered after January 15, 2012. Minor corrections will be considered at almost anytime, but will be increasingly difficult to achieve after March 1, 2012. These time frames reinforce the importance of complete understanding of the Technical Package early.